

# Welcome to: Let's Take a Look at Careers, My Interests, and Who I Am

Yes, that's what you are going to do as you work your way through these web sites. In order to have some idea of understanding yourself and your needs in thinking about careers, it's good to examine:

- Your Interests – stay tuned
- Your Personality – stay tuned
- Your Values – for you to ponder – what's important?
- Your Skills and Abilities – check out your report card and things you like to do

*Note: Do not click on anything that requires payment. You can "make up" an email address if asked for name and address.*

Just print this survey and then start looking at yourself and keeping notes.

## I. Web Site

[www.princetonreview.com/cte/quiz](http://www.princetonreview.com/cte/quiz)

Click on take the Princeton Review Career Quiz

My Interest Color is \_\_\_\_\_

3 traits of this are:

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My Usual Style is \_\_\_\_\_

3 traits of this are:

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Click on See Related Careers. Then pick 5 careers (click on each) and make notes on job details, education needed, and associated careers:

1.

2.

3.

4.

5.

**II. Web Site**

**[www.career.missouri.edu/students/explore/onlineassessments.php](http://www.career.missouri.edu/students/explore/onlineassessments.php)**

Click on the Career Interests Game and take it. Follow the directions and click on each of your Categories.

What is your #1 Holland color/type? \_\_\_\_\_

What is your #2 Holland color/type? \_\_\_\_\_

What is your #3 Holland color/type? \_\_\_\_\_

What is your full 3 letter Holland code \_\_\_\_\_

Take your #1 code/color and complete the following:

I am: \_\_\_\_\_  
\_\_\_\_\_

I can do: \_\_\_\_\_  
\_\_\_\_\_

I like to: \_\_\_\_\_  
\_\_\_\_\_

Using your 3-letter code list 3-5 career possibilities. In some cases your 3-letter code will not have 3 jobs listed. In that case look for jobs that contain only your 1<sup>st</sup> and 2<sup>nd</sup> codes.

Click on MU Departments on the bottom left and list some majors that might be interesting based upon your Holland code:

**III. Web Site [www.personalitytype.com](http://www.personalitytype.com)**  
click on Take our Test – Myers-Briggs Personality Sorter  
and list your personality types

Type 1. \_\_\_\_\_

Type 2 \_\_\_\_\_

Type 3 \_\_\_\_\_

Type 4 \_\_\_\_\_

Your 4 Letter Personality Type

\_\_\_\_\_

List at least 5 characteristics of your 4-Letter type:



**V. Web Site <http://stats.bls.gov/oco>**

When you have lots of extra time you can explore specific information about any and all careers in the **Occupational Outlook Handbook**.

Pick one career and look up the following information.

1. Summarize the key point regarding the nature of the work for this career;
2. Who typically hires workers in this field?
3. What training or education is needed?
4. What is the job outlook for this career field?
5. What are the average earnings for this career based upon U.S. economy?
6. What are 3 related occupations?

- I.      **Web Sites**      [www.horoscope-universe.com/signchar.cfm](http://www.horoscope-universe.com/signchar.cfm)  
[www.west-meet-east.com/horchar.htm](http://www.west-meet-east.com/horchar.htm)

Just for fun when you really do have lots of extra time, see how your personal characteristics based upon western and Chinese astrology compare to what you have found through all of the exercises you have completed. It just might be interesting.

My sign of the western zodiac is \_\_\_\_\_

5 traits of this sign are:

Some famous people with my sign are:

My year of birth sign in Chinese astrology is the \_\_\_\_\_

5 traits of this sign are:

3 elements of this sign are:

***Think about how these traits might relate to your personality traits, career interests, etc.***